

"Concentrate on the Master as a Living Man inside you."

Master Koot Hoomi once wrote:

"Your best method is to concentrate on the Master as a Living Man inside you. Make his image in your heart and a focus of concentration so as to lose all sense of bodily existence in the one thought. . . ."

"Every one of you create for yourself a Master. Give him birth and objective being before you in the Astral Light. If he is a real Master he will send his Voice. If he is not a real Master, then the Voice will be that of the Higher Self." Quoted from an E.S.T.S. document.

Compare the above with the choice quotes below from The Voice of the Silence:

"Then from the heart that Power shall rise into the sixth, the middle region, the place between thine eyes, when it becomes the breath of the ONE-SOUL, the voice which filleth all, thy Master's voice. . . ."

"Before thou set'st thy foot upon the ladder's upper rung, the ladder of the mystic sounds, thou hast to hear the voice of thy inner GOD [The Higher SELF.] in seven manners. . . ."

"Silence thy thoughts and fix thy whole attention on thy Master whom yet thou dost not see, but whom thou feelest. . . ."

"Merge into one sense thy senses, if thou would'st be secure against the foe. 'Tis by that sense alone which lies concealed within the hollow of thy brain, that the steep path which leadeth to thy Master may be disclosed before thy Soul's dim eyes."

"The light from the ONE Master, the one unfading golden light of Spirit, shoots its effulgent beams on the disciple from the very first. Its rays thread through the thick dark clouds of matter. . . ."

"Of teachers there are many; the MASTER-SOUL is one, Alaya, the Universal Soul. Live in that MASTER as ITS ray in thee. Live in thy fellows as they live in IT. . . ."

"All is impermanent in man except the pure bright essence of Alaya. Man is its crystal ray; a beam of light immaculate within, a form of clay material upon the lower surface. That beam is thy life-guide and thy true Self, the Watcher and the silent Thinker, the victim of thy lower Self. . . ."

"Thy Soul-gaze centre on the One Pure Light"